

Rev. Dr. Bridget Piggue
Director for Spiritual Health, Emory University, Midtown Atlanta

Today we introduce Rev. Dr. Bridget Piggue, Director of Spiritual Health at Emory University Hospital Midtown and ACPE Certified Educator. With over twenty years of tenure at Emory, Rev. Dr. Piggue leads a staff of chaplains in spiritual care and offers team building guidance for hospital personnel on multiple levels. Her focus and passion in ministry has been to accompany spiritual leaders in the development of greater self-awareness, communication strategy, and mental health. Rev. Dr. Piggue is currently working on a book drawn from her doctoral research and preparing for the creation of a healing institute.

What is your favorite Bible verse and why?

I have several, but will name Philippians 4:6-8. In this scripture I am reminded to always begin at a place of gratitude and prayer, which powerfully sets the stage for possibilities we have yet to imagine. It reminds me that the ways in which we focus, the way we spend our time, the way we approach life or are oriented to seek good or to do justice, to love, to build up others, to hold integrity and compassion, among other things, is worth doing and can make a difference not only for us personally, but for those who are God's precious Beloved whom we serve.

Where have you seen God recently?

In many ways, recently, I've thought most about the mystery of creation that occurs in the midst of an experience characterized as formless, void and dark as stated in Genesis Chapter I. In some versions that experience is referred to as chaos. Because our world over the last year has literally felt chaotic, almost unrecognizable at times, and the darkness of hatred, greed and indifference has seemingly engulfed entirely too many (or has sadly just continued), I've looked for God and found God. When it felt hopeless, formless, void and dark I saw God "CREATING," as in Genesis; Creating new life, new opportunities and new voices; I saw God shining light in the darkness and helping people to discover truth enough to stand strong in the face of blatant disregard. I saw and see God helping people find the courage to put their lives on the line so that others can live (sounds a lot like the Jesus kind of love). As a responsible leader, I seek to recognize God in every raised voice and action in pursuit of justice, integrity and care of ALL God's people. So in recent days it's been important to seek and see God outside of the box of "normal" because we are currently anything but.

When/how have you been blessed by God's abundance?

In Psalm 23:5, it speaks of God providing a cup for us that runs over. I feel that with good health, a meaningful vocation with great colleagues, family and friends who love me dearly, a mind "to want to care" for others and the ability to do it, I have a cup that is running over! It is God's abundance and my desire is to allow what is clearly more than I can take in to be a blessing to others. Therefore, I am most blessed by God's abundance when I can share it with others.